

EARLY SEXUALIZATION



WORKSHOP FOR STUDENTS IN GRADES 5 AND 6

Duration: 1.5 hours

Price: \$60 (includes the adults' workshop on the same theme)

Objective: To foster critical thinking skills in youth regarding the over-representation of sexuality in our society.

Specific objectives:

- To inform youth about the issue
- To empower youth to recognize socially constructed beauty stereotypes
- To encourage youth to be critical of images presented in the media
- To make youth aware of the fact that being sexualized can lead to different situations
- To teach youth to appreciate themselves as they are

Topics covered:

- Definitions of “hypersexualization” and “early sexualization”
- Self-image problems that may arise from the messages portrayed in the media
- Self-esteem
- How images can be altered with the use of technology
- Seduction

The workshops offered by *Bulle et Baluchon* include a follow-up and support to the institution visited.

The Bulle and Baluchon workshops are held in compliance with the health regulations in force and the measures required by your establishment to ensure a safe environment for all.