

# CYBERBULLYING



## ADULT WORKSHOP

Duration: 2 hours

Price: \$60 (free with the Cyberbullying Workshop for Children)

Necessary equipment: projector screen (we provide our own projector)

General Objective: To inform adults and raise awareness about violence on the Internet and to provide them with prevention and intervention tools.

Topics Covered:

- Definitions of bullying and cyberbullying
- Distinction between conflict and bullying
- Stress indicators
- Prevention and intervention strategies
- Consequences of cyberbullying