

CYBERBULLYING



ADULTS' WORKSHOP

Duration: 2 hours

Price: \$60 (free with the Cyberbullying workshop for children)

General Objective: To inform and sensitize adults about violence on the Internet and to provide them with prevention and intervention tools.

Topics Covered:

- Definitions of bullying and cyberbullying
- Distinction between conflict and bullying
- Stress indicators
- Prevention and intervention strategies
- Consequences