

BULLYING



ADULT WORKSHOP

Duration: 2 hours

Price: \$60 (free with the Bullying Workshop for Children)

General Objective: To promote adults' participation in bullying prevention.

Specific Objectives:

- To inform adults about the content in the workshops offered to children
- To educate adults about the issue of bullying
- To equip adults to prevent bullying
- To inform adults of the attitudes and interventions to use in the face of bullying

Topics Covered:

- Types of bullying
- Distinction between conflict and bullying
- Myths and realities surrounding bullying
- How to recognize if a child is being bullied?
- How to recognize if a child is bullying?
- Consequences of bullying
- Intervention strategies
- Stress indicators